



TAKE OFF POUNDS SENSIBLY
A NONPROFIT WEIGHT-LOSS SUPPORT GROUP FOUNDED IN 1948

November 19, 2010

Michelle May, MD
PO Box 93686
Phoenix, AZ 85070-3686

Dear Dr. May:

Thank you profoundly for your presentations to TOPS Club, Inc. Coordinators, Regional Directors and Board members on Friday, November 12, 2010. It was a pleasure to work with you to bring your message to our Field Staff. I appreciate your organization, attention to detail and flexibility concerning the mechanics of the event.

“Eat What You Love, Love What You Eat” resonated clearly with our Field Staff. Many of them have been successfully maintaining their weight for up to 30 years and all work daily to help people take off and keep off pounds sensibly. I am still receiving notes of praise from them concerning your insights, knowledge, professionalism and ability to retain the interest of over one hundred people for an entire day. Your ability to draw upon personal experiences to illustrate key points made the presentation come even more alive and your keen sense of humor sparkled throughout the meetings.

Here are just a few of the comments I have received.

“Wonderful!!!! A fresh approach/concept to losing weight. Lots of food (not to eat) for thought.”

Pauline – Utah

“Loved it. Dr. May was fantastic to listen to and her approach was refreshing.”

Tana – Ohio

“WOW! This left a mark. AMAZING. You left me wanting more!”

Randy- Missouri

“The very best! What a life-changing day! Thanks for bringing in Dr. May.”

Lynda- Oregon

We also deeply appreciate you working with our nonprofit organization to make it possible to share your message and book. We wish you every success as your journey continues and look forward to an opportunity to have you join us again.

Sincerely,

A handwritten signature in cursive script that reads "Barbara Cady".

Barbara Cady
President